

"Patience"

LESSON INTENTION

The intention of this lesson is to show us that there is a Divine Order to things and when we are patient – our good will come to us.

Common Ground

Hindu Belief:

They have a sacred book of knowledge – The Vedas - They believe that every life is a story and every story has a hidden message.

Unity Belief:

Unity believes that the Bible is the story of our soul's journey and contains the answers to all our questions if we know how to interpret it.

Affirmation

I am blessed when I practice patience.

Prayer Focus

"Blessed are all they that wait for Him."

Isaiah 30:18

Pre-session Activity

WELCOME AT THE DOOR

- Ⓢ This is the time we create a safe & sacred space for the children.
- Ⓢ Invite a teacher and students to greet the children at the door to the Youth Room. The teacher needs to be at eye-level with the children.
- Ⓢ Possible greeting: ***"It's so good to see you. We've been waiting for you."***
- Ⓢ If the children have toys with them invite them to place them on the shelf where they can pick them up on the way out.
- Ⓢ ***Invite them to sign in.***
- Ⓢ If they have not done so, invite them to choose a Job Card/Service Opportunity. ***Every child needs one.***

OPENING ACTIVITIES

- Ⓢ Create name tags
- Ⓢ Create Prayer Sticks

GATHERING CIRCLE

- Ⓢ At 11:15 am, after the children have completed the Opening Activities, ***invite the "Gong Sounder"*** to sound the gong to call everyone to the Gathering Circle. The children then choose a carpet square and take their seat in the circle.
- Ⓢ The teacher now "sets the circle" and reinforces the ideas that we are all one and we are in a safe place. ***Now is the time to review the Heart Agreement that should be posted in the area.***
- Ⓢ Invite the ***Daily Inspiration Reader*** to read the Daily Word.
- Ⓢ ***Prayer team comes forward.*** Either lead the children in a prayer for others or use this time to pray with the prayer stick requests. ***Place the "Prayer Bowl" in the center of the room and one by one the children read their prayer word or words and place their stick in the bowl.***
- Ⓢ Collect a love offering.
- Ⓢ Movement/Song – ***"I Wish You Well" – Words on Power Point.***

Divide Into Individual Classrooms

Story

"The Monkey & The Mango Tree" *"The Monkeys and the Mango Tree" by Harish Johari*

A band of monkeys wanted the mangos that grew in the orchard keeper's garden, but every time they tried to eat some they were pelted with rocks. The monkeys decided to plant their own tree but they did not have the patience to let it grow.

Story Focus:

This story demonstrates how sometimes we have to be patient and wait for the good things we want to come into our lives.

Unity Principle: #4 - "Through affirmative prayer and meditation I connect with God and bring out the good in my life."

Discussion

- Ⓢ What did the monkeys do with the mangos?
- Ⓢ What did the orchard keeper do to the monkeys?
- Ⓢ How did the monkeys feel about that?
- Ⓢ What action did the monkeys decide to take?
- Ⓢ How did the monkeys seem to feel about waiting for the tree to grow?
- Ⓢ What did they do? What happened next?
- Ⓢ Describe a time when you had to wait for something you really wanted.
- Ⓢ What was it like to wait? How did you feel about it?
- Ⓢ Was it worth the wait or not? Explain.
- Ⓢ What are some things that we can do to make the waiting easier?

Creative Expression

Mailbox Relay

Materials: Envelopes, paper, pencils, a "mail boxes" for each team, prizes for each person.

Sometimes it takes a number of tries to get something we want. We must be patient and keep trying. The point of this game is for the teams to run to "mail boxes" in specific locations, retrieve an envelope, open it and follow the instructions to the next clue. They must keep trying in order to get to the prize at the end.

Plan Ahead

Write out on the pieces of paper specific "Find it" clues. For example: "Locate where we quench our thirst." (drinking fountain) or it could include a physical task such as "do 3 jumping jacks." Create at least 5 or 6 clues (make two sets) and put them in the envelopes then place in the two mail boxes. ***Purchase prizes for each child and put them in 2 bowls and place them where they can be seen but tell the children they will have to wait for them. If they ask questions about the prizes tell them they will have to WAIT. Don't tell them anything other than not to touch anything.***

Set up the game in a wide open space (Friendship Hall). Divide the children into two groups of no more than 12 each (*If there are more than 12 children in each line then pair some of them up so everyone will have a chance to run to the mail box*) and line them up in Friendship Hall. Place the two mail boxes on a table on the opposite side of the room. Make sure the mail boxes have their envelopes inside.

When I say "GO" the first person on the team runs to their mailbox and chooses an envelope. They open the envelope and then follow the instruction on the paper. When the task is completed the next person in line runs up and chooses an envelope and does the same thing. Do this until all envelopes are opened and tasks completed.

Clues

1. Hop on one foot and then turn in a circle. Now run back to the end of your line.
2. Go to where we sign in and bring back 3 pencils. Lay them on the table in Friendship Hall and then go to the back of your line.
3. Run back to the next person in line and bring them with you back to the mail box and each do 3 jumping jacks. Both of you return to the end of your line.
4. Go to the Youth Room and get 3 sheets of paper. Lay them on the table in Friendship Hall and then go to the back of your line.

5. Tell everyone in your line that they must be absolutely quiet for 8 seconds. If anyone makes a noise during that time you have to begin again until you complete the task. Ask a teacher to keep the time for you.
6. Make a silly face and then return to the back of your line.
7. Find one sheet of paper and one pencil and write out one of the 12 Powers. You can ask the people in your line for help.
8. Hop on two feet all the way back to the end of your line.
9. Find a blue scarf somewhere in Friendship Hall – pick it up – twirl it around and return to the back of your line.
10. Go to where the water is – fill a paper cup $\frac{3}{4}$ full and WALK back to your line without spilling any. Have a teacher help you fill the cup. If you spill you have to refill the cup and start over.
11. Ask all the people in your line who are wearing BLUE to join you in a circle and say the Love Offering blessing together. As soon as you are finished you go to the back of the line and the others return to their place in line.
12. Pick up one of the bowls of prizes. Ask your group to sit in a circle. After they are seated place the bowl in the center of the circle – NO ONE is allowed to take one. Wait until the other team is finished and make one big circle.

The game lasts until all the tasks are completed. If you only have 6 children in each line then they each complete 2 tasks, etc...

When it is finished the children will be sitting in 2 circles – invite them to create one big circle and go over the discussion questions.

After the discussion share the prizes they worked so hard for.

Discussion

- ♥ What it was like to have to keep going back to the mail box for more tasks?
- ♥ What was it like to see the prizes but not be able to have them until you did what was asked of you?
- ♥ What are some other things we have to wait for or work for?
- ♥ Which things are worth the wait?
- ♥ What are some things we can do if we are feeling impatient?
- ♥ Why is it important to learn to be patient?

Future Event

Materials: paper and pencils

Sometimes we have to wait for the things we really want for a variety of reasons. Most things though – are worth waiting for.

As a group plan an activity to do at a later time. You must do your part:

1. Come up with the idea
2. Figure out what you need to do to help make it happen
3. Take any action you need to take
4. Give it to God and watch it manifest.

Suggestions:

- ♥ Uniteens plan a future outing
- ♥ Plan a party or celebration
- ♥ Create a list of things you would like to do in Sunday school
- ♥ Create a list of snacks you would like in Sunday school...