

A Season



A Season of Lent

A 8 week Curriculum exploring the events surrounding Easter.

For Children & Teens, ages 5 to 18.

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Welcome

The Purpose/Vision

Lent and the season of Easter are all about releasing and letting go of all the error thinking that has kept us attached to thought and ideas that no longer serve us. It is a time of inner cleansing and a rebirth of the Christ presence within us.

The purpose of this curriculum is to use story and creative experiences to explore the events of this Holy Week and to understand how the wisdom in these stories still has meaning in our lives today.

Key learning objectives

- For the children & teens to understand the events of Holy Week.
- To assist the children & teens in understanding the deeper message of each story.
- To invite them to discover how they can use the wisdom within each story to empower their lives.
- To assist them in finding their own unique expression of the Truth within the stories and how to live a more conscious life.

What Will Be Explored & Experienced

The curriculum begins with a Sacred Circle that include activities that:

- Bring everyone together
- Help everyone get to know one another
- Give all an opportunity to pray
- Help everyone to be in the present moment
- Give all the opportunity to be of service to one another

Bible stories and a few contemporary stories, that reflect the deeper meaning of the stories, are used to set up a common experience where the children & teens can explore how the lesson focus is showing up in their lives and the world around them. From here they are moved into the Creation Stations where they have the opportunity to explore what the lesson means to them through the use of art, drama games and/or food experiences.

Ages

The lessons are designed for students 5 year to 18 years old.

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WEEKLY LESSONS

Lesson 1, “<u>The Journey Begins</u>,” (<i>Jesus Enters Jerusalem</i>)	10
Focus: <i>Exploring what is needed to prepare for a journey into new understanding.</i>	
Lesson 2, “<u>The Inner Sanctuary</u>,” (<i>The Temple Traders</i>)	22
Focus: <i>Understanding that our inner temple is sacred and when we turn to the Christ we can empty it of all that is not for our highest good.</i>	
Lesson 3, “<u>One In Spirit</u>,” (<i>The Washing of the Feet & The Last Supper</i>)	30
Focus: <i>Understanding that we are all one in Spirit.</i>	
Lesson 4, “<u>God is Always With Me</u>,” (<i>The Garden of Gethsemane</i>)	38
Focus: <i>Understanding that no matter what difficulties we go through, God is always with us.</i>	
Lesson 5, “<u>Seeing Beyond Appearances</u>,” (<i>Jesus is Arrested, Sentenced & Crucified</i>)	46
Focus: <i>Understanding that sometimes love, understanding and forgiveness are what is necessary in order to rise above a challenge.</i>	
Lesson 6, “<u>A Time of Awakening</u>,” (<i>The Resurrection</i>)	54
Focus: <i>Understanding that the resurrection is a symbol of new life. As we look within, we reawakened to who we truly are - mind, body and soul.</i>	
Lesson 7, “<u>Seeing With God-Eyes</u>,” (<i>The Road to Emmaus</i>)	68
Focus: <i>Exploring the importance of recognizing our good when it shows up.</i>	
Lesson 8, “<u>I Rise</u>,” (<i>The Ascension</i>)	78
Focus: <i>Knowing that when we allow our Christ-self to guide us, we see challenges in a new light and we rise above them.</i>	

Week #1: At-a-Glance

"The Journey Begins"

Overall Intention

The intention of this lesson is to explore what is needed to prepare for a journey into new understanding.

Spiritual Principles & Purpose

- Each time we begin a new journey, whether it is a vacation, learning something new or gaining additional spiritual understanding we must prepare ourselves for that journey.
 - ◊ We need to set a purpose.
 - ◊ Take the actions we are guided to take.
 - ◊ See past appearances.
- Praise and worship are tools that help us along the way.

Story

"Jesus Enters Jerusalem," Matthew 21:1-11

This is the story of Jesus' welcome into Jerusalem on Palm Sunday.

Creation Stations

Interactive Drama Studio, (Third-Fifth & K-Second)

- **Steps to Creating:** Exploring the deeper meaning of the story.

Bible Skills & Games, (Third-Fifth & K-Second)

- **An Exciting Journey:** Exploring how to let our Christ self direct us.

Creative Arts Studio, (Third-Fifth & K-Second)

- **Praise & Celebration:** Celebrating the Christ in each other.

Supply List

Stories

- *The Message Bible*
- *The Children's Illustrated Bible*
- *The Lion Storyteller Bible*

"Steps to Creating"

- Meditation CD
- CD player

"An Exciting Journey"

- Small poster board, 5 sheets
- Instruction sheets, (*See end of lesson*)

- Affirmation Cards, 1 set/student, (*See end of lesson*)

- Markers
- Small paper bags, 1/student
- Small bowl
- Candy hearts, 2/student
- Masking tape
- 3 Small baskets
- Blow noise makers, 1/student
- Nerf™ basketball hoop
- Small Nerf™ balls, 1/student
- Large basket
- Small mirrors, 1/student

- Palms or Clappers, 1/student

"Praise & Celebration"

- Crepe paper strips, 10 inches long, 8/student
- 1/2 inch Dowel rod, 1/student
- Tape
- Markers