Hand shape:

Shake each other's hand.



Smiley face shape:

Make eye contact and a smile



Crab shape:

Both people hold their arms out towards each other and move fingers like a crab's pinchers until they touch hands.



Sailboat shape:

Both people hold hands the whole time. Swing your arms over your heads together, then swish your arms to one side while making a blowing sound with your mouths, like a sail blowing in the wind.

Butterfly shape: Interlock thumbs with each other.

Interlock thumbs with each other.
Stick your fingers straight out,
and then "flutter" your
fingers in a butterfly
motion.

"5" shape:

Give each other a big high five!



Heart shape:

Give each other a heart-to-heart hug.



Skunk shape:

Tell the child to hold his/her nose. Interlock your pinky finger with the pinky finger of the child and greet the child. Talk in a nasal tone.



Fish shape:

Hold your hands perpendicular to the floor with your thumb pointing up like a fin. Have the child assume the same position. Have the fish swim back and forth, gently slapping each other's arm.







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Both people hold hands the whole time. Swing your arms over your heads together, then swish your arms to one side while making a blowing sound with your mouths, like a sail blowing in the wind.

Wink Shape:

Wink at one another.

Butterfly shape:

Interlock thumbs with each other. Stick your fingers straight out, and then "flutter" your fingers in a butterfly motion.

Fish shape:

Hold your hands perpendicular to the floor with your thumb pointing up like a fin. Have the child assume the same position. Have the fish swim back and forth, gently slapping each other's arm.

Ideas from: Conscious Disciple® www.consciousdiscipline.com

How would you like to be ereeps