

Friendship Bag

This is a project that can be done together to give the children a focus for the year.

Give each person a plastic bag. Then have the children take turns holding up an item and guessing what ***Positive Idea*** that item could represent. If they don't guess something appropriate then share the ideas listed below.

After guessing each one invite them to put the item in their bag to take home. At the end of the game give them a copy of the meanings listed below to include in the bag.

- **Mint:** To remind you that you are worth a mint to me!
- **Cotton Ball:** For the rough roads, seek the soft and cushioned support of Spirit, family and friends.
- **Rubber Band:** A reminder to stay flexible.
- **Toothpick:** To remind you to "pick out" the good in everyone and everything.
- **Candy Hug:** To remind you that everyone needs a hug.
- **Eraser:** To remind you that everyone makes mistakes sometimes and it's okay.
- **Happy Face:** Smiling not only increases your face value, it's contagious.
- **Candle:** To remind you to share your light with others.
- **Bandaid:** For healing hurt feelings.
- **Paper Clip:** To help keep things together when they seem to be coming apart.
- **Tissue:** To wipe away a tear.
- **Small Smooth Stone:** To remind you that rough times refine and polish us for a smoother tomorrow.