

Who Will Lead the Children?



Self-Study Guide for Spiritual Educators

By Denny Balish
Founder of ThreeFold Coaching

ThreeFold Coaching
Presents:
Who Will Lead the Children?
Self-Study Guide for Spiritual Educators

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www.ThreeFoldCoaching.com
www.SpiritsLight.org

This e-workbook was written for New Thought Spiritual Educators, like you and me, who are dedicated to raising the consciousness of the world, one child, one family, one community at a time.

It grew out of my work with Spirit's Light Foundation whose mission is to train, empower and support youth & family ministry workers, parents, teachers and ministers in developing skills that help to draw forth the inner genius that is alive in each of us.

These reflective exercises are designed to not only help you build greater awareness of yourself and the role you play, but also how to more fully realize your potential as an inspirational leader within your Spiritual Community.

They are designed to help you continue on your path of becoming an ideal leader with the capacity to motivate and inspire children to reach their fullest potential.

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I ask that you encourage others to receive their own copy of this e-workbook by directing them to denny@threefoldcoaching.com.

Thank you!



*Be the change you wish to see in the world.
~ Gandhi ~*



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*Your children are not your children.  
They are the sons and daughters of Life's longing for itself...*  
*Khalil Gibran*  
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These reflective exercises are designed to not only help you build greater awareness of yourself and the role you play, but also how to more fully realize your potential as an inspirational leader within your Spiritual Community. They are designed to help you continue on your path to becoming an ideal leader with the capacity to motivate and inspire individuals to reach their fullest potential.

1. What is your role at your Spiritual Center?

2. Why do you perform this role?

What are your primary responsibilities?

3. What do you enjoy most about your role? Why?

4. What do you enjoy least? Why?

5. What is the easiest part of your role? Why?

6. What is the hardest? Why?

7. If you could change three things that would make your role even better, what would those three things be?

8. Below, list the characteristics that would make you an ideal leader for your role.

Characteristic	Rating									
	1	2	3	4	5	6	7	8	9	10
	1	2	3	4	5	6	7	8	9	10
	1	2	3	4	5	6	7	8	9	10
	1	2	3	4	5	6	7	8	9	10
	1	2	3	4	5	6	7	8	9	10
	1	2	3	4	5	6	7	8	9	10
	1	2	3	4	5	6	7	8	9	10
	1	2	3	4	5	6	7	8	9	10
	1	2	3	4	5	6	7	8	9	10

9. For each item listed above, on a scale of 1-10 (*1 = not at all and 10 = absolutely*), how well do you currently embody each characteristic?

10. List your three lowest rated characteristics and describe why you rated them as you did.

11. What would you ideally like to change about each? Be as specific as you can.

12. How would your role improve if you were able to make those changes?

13. How would you benefit?

14. How would the children, youth, or adults you serve benefit?

15. What would happen if nothing changed?

16. How willing would you be to live with that?

17. What three steps could you take to create the change you desire?

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18. What might get in the way of your success in becoming an ideal leader for your role?

19. How can you overcome those challenges?

20. If you were able to achieve your ideal, how would the world benefit?

21. Draw an image of how the world would benefit from you reaching your true potential.



22. Create an affirmation to help draw out the ideal leader that is already within you by completing the following statement:

I am _____

23. What feeling does this give you?

24. How can you begin to experience that feeling right now, in this very moment?



Invitation: As you inhale, recite your affirmation silently within your mind. On the exhale, affirm, "It is so." Repeat this process 3 times, several times a day.

About the Founder



Denny M. Balish

Coach Speaker Writer

I am dedicated to helping people reach their fullest potential, believing in the power of the human spirit to transform lives. I believe that each person has within themselves the desire and ability to be a positive force for change in the world and, by sharing one's unique gifts and talents with others, global change is made possible.

I am a Certified Empowerment Coach and owner of ThreeFold Coaching. I am an Energy Leadership Professional with iPEC, the Institute of Professional Empowerment Coaching, and a member of the International Coach Federation and the Association for Global New Thought. In addition, I am a founding member of Spirit's Light Foundation, an alternative ministry with the Association of Unity Churches whose mission it is to train, empower, and support youth and family ministry workers, parents, teachers, and ministers.

As a long time student of metaphysics, I enjoy bringing my skill and understanding of the interrelatedness of mind, body, and spirit, to my work with clients, helping them achieve greater consciousness, wholeness, and harmony in every aspect of their life.

Professional Affiliations:

Association of Unity Churches International
Spirit's Light Foundation
College of DuPage
The Abundance Center
Illinois Chapter of the American Dance Therapy Association
Equilibrium Energy + Education
Oak Park Health Department





About ThreeFold Coaching

Empowering Mind, Body & Spirit

ThreeFold Coaching is dedicated to raising the consciousness of the world by empowering individuals and organizations committed to positive social change.

Areas of Specialization

Life Purpose/Spiritual Coaching

I specialize in working with individuals in their mid-life years who are passionate about creating a life of deeper meaning and purpose, one that integrates their unique interests and abilities with their desire to contribute to humanity

Leadership Development Coaching

I partner with individuals and organizations who are deeply committed to uplifting the lives of others, by helping them excel as dynamic, motivational leaders with the ability to inspire others to greatness.

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### What Clients Are Saying

*"Denny is an expert in her field. She provides a wealth of knowledge to her clients and coaches them through every step of the process. Denny has assisted me in very several types of career/personal changes through her mastery of many different dimensions of coaching. She is fabulous to work with and works from the highest set of ethics." ~ Julie R.*

*"Working with Denny has been of immeasurable help to me, as she has helped guide me through a period of personal transformation. She brings incredible insights and experience to the process. I highly recommend Denny." ~ Randy K.*

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Available for:

Personal & Professional Coaching
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